

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

Minutes of the last meeting

14 July 2015

Tŷ Hywel, National Assembly for Wales

IN ATTENDANCE:		
Bethan Jenkins AM (Chair)	BJ	AM for South Wales West (Plaid Cymru)
Katie Dalton (secretary)	KD	Gofal
Jessica Chappell	JC	Volunteer and service user
Dr Gillian Davies	GD	Tier 4 CAMHS outreach, CVUHB
James Downs	JD	Service user, volunteer and campaigner
Charlotte Higgins	CH	CVUHB SHED project
Ewan Hilton	EH	Gofal
Menna Jones	MJ	Tier 3 Clinical Lead CVUHB/CTUHB
Manon Lewis	ML	Service user
Gerrard McCullagh	GM	Tier 3 ABUHB / South Powys
Helen Missen	HM	Carer
Kim Palmer	KP	Tier 4 CAMHS outreach, CVUHB
Caroline Pember	CP	Tier 3 ABUHB / South Powys
C A Phillips	CAP	Secondary school / carer

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

CPGED/NAW4/20 - Welcome and apologies	Actions
<p>Bethan Jenkins AM welcomed attendees to the meeting of the Cross Party Group on Eating Disorders.</p> <p>RECEIVED:</p> <p>Apologies from absent members:</p> <ul style="list-style-type: none"> • Julie Morgan AM • Martin Ball • Jane Burgoyne • Robin Glaze • Claire Greaves • Janet Ribeiro • Don Ribeiro • Carolyn Sansom • Dr Samantha Sharpe • Jacinta Tan • Caroline Winstone 	
CPGED/NAW4/21 - Minutes of the last meeting	Actions
<p>AGREED: The minutes of the last meeting were agreed.</p>	
CPGED/NAW4/22 - Matters arising	Actions
<p>DISCUSSED:</p> <p>CPGED/NAW4/02 - Eating Disorder Framework</p> <p>ACTION: BJ to write to Health Minister to request a definition of 'soon'.</p> <p>UPDATE: The Health Minister wrote to BJ at the end of March to confirm that the Eating Disorder Framework for Wales would be refreshed and he would be happy for those undertaking the refresh to meet members of the CPG. (see agenda item 5)</p> <p>CPGED/NAW4/06 - Any other business</p> <p>ACTION: BJ to continue to try to arrange a meeting with Tina Gambling. KD to look up current curriculum requirements and curriculum review.</p> <p>UPDATE: BJ has been unable to contact TG. KD had prepared two briefing papers on the current PSE Framework for Wales and the</p>	

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<p>Donaldson Review of the curriculum in Wales (see agenda item 6)</p> <p>CPGED/NAW4/16 - Annual Report and Financial Statement ACTION: KD / BJ to submit the documents to the table office UPDATE: KD has submitted the documents to the table office</p> <p>CPGED/NAW4/17 - Child and Adolescent Mental Health Services ACTION: BJ/KD to invite SR to the next meeting UPDATE: BJ/KD had invited SR - but SR had suggested contacting Carol Shilabeer, who is the lead health board chief executive for the CAMHS improvement work. Unfortunately CS was not available to attend the CPG meeting but had appeared keen to engage. The group agreed that BJ/KD should try to arrange a meeting during the summer to enable members to share their views and contribute to the improvement work.</p> <p>CPGED/NAW4/18 - Key issues and priorities for Eating Disorder Services in Wales ACTION: KD to amend document UPDATE: KD has amended the document to include an additional point about cross-departmental working under the CAMHS section and an additional section about supporting people with an ongoing experience of eating disorders. (see agenda item 4)</p>	
<p>CPGED/NAW4/23 - Key issues and priorities for eating disorder services in Wales.</p>	<p style="text-align: center;">Actions</p>
<p>Following on from the update under Matters arising KD reminded members that the key issues document has been developed from discussions at the last two cross party group meetings, where members had contributed their views about the key issues facing service users, families, carers and services. Members agreed that one of the document's strengths was that it represented the shared views of service users, carers, family members, health professionals, academics and third sector representatives.</p> <p>AGREED</p> <ul style="list-style-type: none"> • The key issues document should be shared publically and sent to the people responsible for: <ul style="list-style-type: none"> - The Eating Disorders Framework refresh - The CAMHS improvement work 	<p>KD to finalise document and send to CPG members. KD to publish the document online and send to relevant policy makers KD to write press release and send the</p>

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<ul style="list-style-type: none"> The document should be published online and sent to the media with case studies if possible. 	document to the media.
CPGED/NAW4/24 - Eating Disorders Framework for Wales	Actions
<p>BJ updated the group about the contents of the letter from the Health Minister. BJ highlighted that the letter had indicated that the refresh would be completed by early summer. Other members said that they had understood that more recent communications indicated that it would be completed by the end of September.</p> <ul style="list-style-type: none"> Concerns were raised about the lack of information and awareness of the refresh among service users, carers, families and health professionals. Concerns were raised about the timescales and the lack of service user involvement so far. It was agreed that the group would prefer the refresh to be conducted over a longer time period to ensure that PHW could receive as much evidence and as many views as possible and then consider them carefully before publishing a revised framework. Members agreed that it was important for the refreshed Framework to be age inclusive. Members also emphasised the need for any consultation to be inclusive of the whole of Wales, as different geographical areas may face different challenges and raise different issues. Members also agreed that any consultation should also include relevant sectors beyond health, such as education. <p>AGREED</p> <ul style="list-style-type: none"> BJ agreed to write to the Health Minister to raise these concerns about timescales and lack of consultation with service users, carers/families and health professionals so far. It was also agreed that BJ would write to the people conducting the refresh in order to share the cross party group's key issues document and offer to facilitate a meeting between them and cross party group members. 	<p>BJ to write to Health Minister</p> <p>BJ to write to people conducting the refresh</p>
CPGED/NAW4/25 - Mental health and eating disorders in schools	Actions
<p>KD introduced the two briefing papers about the current requirements for health and wellbeing under the PSE framework for Wales and health and wellbeing recommendations from the</p>	

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<p>Donaldson Review of the school curriculum in Wales. The Healthy Schools Schemes was also highlighted as another useful tool for the promotion of health and wellbeing.</p> <p>AGREED</p> <ul style="list-style-type: none"> • BJ to write to the Education Minister to highlight the importance of delivering the health and wellbeing recommendations in the Donaldson Review. • BJ to write to local authorities to ask how they were delivering the current health and wellbeing requirements within the PSE framework and their engagement with the Healthy School Schemes, with particular reference to mental health and eating disorders. 	<p>BJ to write to the Education Minister BJ to write to local authorities</p>
<p>CPGED/NAW4/26 - Together for Mental Health</p>	<p>Actions</p>
<p>KD updated the group about the second Together for Mental Health delivery plan, which was currently being developed by the Welsh Government. KD explained that the Wales Alliance for Mental Health (national third sector mental health organisations in Wales) had submitted a document to the Welsh Government that expressed their views on the issues that needed to be covered in the second delivery plan. The document emphasises the need for cross government action and outcomes. Gofal had ensured that eating disorders were referenced in the document in relation to early identification, education and patient experiences/outcomes.</p> <p>AGREED</p> <ul style="list-style-type: none"> • KD to circulate the WAMH document to cross-party group members for information • KD to send the cross-party group on eating disorders' key issues document to the Welsh Government official leading the development of the Together for Mental Health delivery plan. 	<p>KD to circulate WAMH document KD to send key issues document to WG</p>
<p>CPGED/NAW4/27 - Assembly election manifestos</p>	<p>Actions</p>
<p>The group discussed the development of political party manifestos and agreed that it would be useful to contribute to this work and ensure that eating disorders are on each party's radar.</p> <p>AGREED</p> <ul style="list-style-type: none"> • To send the 'key issues' document to each of the main political parties for consideration in the development of their manifestos. 	<p>BJ/KD to send the key issues document to political parties KD to add the development of key pledges to the agenda of</p>

Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

<ul style="list-style-type: none"> At the next meeting, the cross party group should consider whether to agree a number of key pledges that we would ask Assembly candidates to sign up to before the election. 	<p>the next meeting</p>
<p>CPGED/NAW4/28 - Eating disorder services in North Wales</p>	<p>Actions</p>
<p>Dr Robin Glaze wrote to BJ prior to the meeting to highlight a proposal for a CAMHS ED Specialist (Virtual) Team, which will be submitted as part of a broader BCUHB bid for the newly released CAMHS funding. RG described the proposal as very innovative and said that it includes embedded paediatrics for very low cost - and has the support of the BCUHB CAMHS Service Board and CAMHS ED Network Board. RG also expressed concerns that north Wales remains disadvantaged with respect to specialized ED services for CAMHS patients - but that a proposal such as this could address some of these issues.</p> <p>Other members of the cross party group expressed their support for this proposal and highlighted the importance of eating disorder services being included within the range of projects supported by the CAMHS funding.</p> <p>AGREED</p> <p>BJ to write to the Health Minister to highlight the importance of eating disorder services being included within the range of projects supported by the CAMHS funding and express her support for this proposal.</p>	<p>BJ to write to the Health Minister</p>